Do you want to change the life of a child? If you do, volunteering with the LFCFF is the organization for you! The Lydia Faith Cox Family Foundation (LFCFF) is a St. Louis-based 501(c)(3) not-for-profit, all-volunteer organization. Our mission is to foster a life of accomplishment and independence for individuals with developmental disorders or other special needs. We do this through our annual Lydia Cox Memorial Bike Camp, where we teach children how to ride a 2-wheel bike independently, through the iCan Bike program.

Our camp will take place Monday, June 7 through Friday, June 11, 2021, at South Technical High School, 12721 West Watson Road, St. Louis, Missouri 63127. Campers, 8 years and older, are assigned a 75-minute riding session for each of the five days of camp. The camp has 5 sessions each day beginning at 8:30 am and concluding at 4:50 pm. We are looking for volunteers to walk/jog/run alongside camp participants. This is truly an inspiring and rewarding opportunity to make a difference in the life of a child with a developmental difference. We need up to 70 volunteers to make these camps a success. Individuals interested in volunteering must be at least 15 years old and able to walk/jog/run alongside a rider as they are learning to ride a bike during a 75-minute session (with short breaks), for 5 days Monday through Friday. Our volunteers provide encouragement and physical supports, as needed. Volunteers can sign up for one session, or up to 5 each day. Consistency is our goal for volunteering. We ask that a volunteer commit to the same time each day and attend all 5 days for the session selected. Our riders bond with their assigned volunteer and rely on the same person to be there to support each day. This is a unique opportunity to be the miracle in someones life. An experience you will never forget!

Please visit our web page to find the volunteer application <u>Bike Camp - Home</u>, like our Facebook page https://www.facebook.com/LFCFamilyFoundation/ and you can watch a video of a past camp on our YouTube channel

https://www.youtube.com/watch?v=UeuG-x2YjcA https://www.youtube.com/watch?v=53Y5jRcJsZk

Suzie Risher-Cox www.lydiafaithcoxfamilyfoundation.com 314-482-6000











Volunteer Appreciation Bonus
T-Shirt
Continental Breakfast for Morning Session volunteers
Snacks provided in volunteer breakroom between each session
Lunch provided for volunteers available all-day
Gift cards from local businesses